

BREAKFAST

Served till 12PM daily

SMASHED AVOCADO

Smashed avocado, edamame, mint, grilled Sonoma mieche, persian fetta, baby tomatoes, seasonal pomegranate, dukkah

V, GFA 20.9

add poached free range eggs 5.5

ACAI BOWL

100% organic acai, banana, fresh seasonal berries, coconut, maple spelt granola, pepitas, chia, goji

V, GFA 17.0

EGGS YOUR WAY

2 free range eggs, grilled tomato, toast of your choice

V, GFA 14.9

THE BIG BREAKFAST PAN

2 free range eggs your way, streaky bacon, pork & fennel sausage, fragrant tomato, smashed avo, mushrooms, crispy potatoes, labne & house dukkah, toast of your choice

GFA 25.5

BREAKFAST ROLL

Bacon, 2 olive oil-fried free range eggs, smokey tomato relish, aioli cheese on grilled Israeli roll

17.0

add smashed avo 4.5

add crispy potato hash 4.5

SALTED CARAMEL HOTCAKES

Buttermilk hotcakes, blueberries, salted caramel, macadamia crumble & vanilla mascarpone

V 22.0

SHAKSHUKA; BAKED EGGS

Baked free range eggs, fragrant tomato, persian feta, sumac, garden herbs served with za'atar flatbread

V, GFA 22.0

'OG' BENNY

Corn fritters, soft poached eggs, herb hollandaise, spinach, choice of bacon or smoked salmon

23.0

TUSCAN OMELETTE

Baked in pan choice of 3 ingredients served with sourdough toast:

ham, bacon, tomato, mushrooms, shallots, tasty cheese, haloumi, fetta, spinach

22.0

Gluten free bread 2.5 extra

MANUSHI

Zataar, three cheeses 10.9

(GF dough 3.5 extra)

Trade
Winds
Grill

PATISSIERE 7.0

TOAST served with butter & conserve (jam, honey, vegemite, peanut butter)

Sonoma Sourdough (White or Rye)

White

Brown

Gluten Free

RAISIN TOAST, buttered

BANANA BREAD, buttered

PASTRIES, baked daily, see counter display

TOASTIES

Choice of your bread

CHEESE 5.5

HAM, CHEESE 6.5

TOMATO, CHEESE 6.5

HAM, CHEESE, TOMATO 8.0

Croissant (extra 2.5)

SIDES

BACON (crispy on request) 6.0

DICED HAM 6.0

PORK & FENNEL SAUSAGE 6.0

SAUTEED MUSHROOMS 5.5

CRISPY POTATO HASH 5.5

CORN FRITTERS 5.5

GRILLED or FRESH TOMATOES 5.5

SPINACH 5.5

SMASHED or FRESH AVOCADO 7.0

SMOKED SALMON 7.0

GRILLED HALOUMI 7.0

PERSIAN FETTA 7.0

TASTY CHEESE 4.0

EXTRA EGG

(poached/fried 3.5 scrambled 5.5)

EXTRA SLICED OF BREAD 3.5

V = Vegetarian

GF = Gluten free

GFA = Gluten free available

VG = Vegan

A surcharge of 10% will apply on public holidays Please be aware we do not split bills, all accounts to be paid as one EFTPOS, VISA & MasterCard accepted. All prices inclusive of GST

BEVERAGES

SOFT DRINKS 4.5

Coke, Coke No Sugar, Sprite, Pink Lemonade, Soda Water, Dry Ginger Ale, Tonic Water, Lemon Lime & Bitters

ICE CREAM SODAS 5.2

A scoop of vanilla ice cream with your choice of soft drink

STILL WATER (600ml) 4.5

SPARKLING WATER

(250ml) 4.5 (750ml) 9.5

FROM THE MILK BAR

CLASSIC MILKSHAKES

Real ice cream with full cream milk topped up with homemade cream and garnish

L 8.0 | S 5.3

Thick shakes 1.5 extra

Triple chocolate
Caramello Koala
Strawberry
Vanilla
Banana

PROTEIN SHAKE 9.5

Protein powder, banana, honey

BOTTLED JUICES 5.9 FRESHLY SQUEEZED 8.0

Apple or Orange

SMOOTHIES 9.5

BANANA Banana, honey, milk, Greek yoghurt & granola

BERRYLICIOUS Mixed berries, honey, milk, Greek yoghurt & granola

COFFEE R 4.8 | L 5.9

Flat White
Cappuccino
Latte
Long Black
Piccolo
Espresso
Macchiato

Mocha **R 5.5 | L 6.5**

Hot Choc
Chai latte
Babycino **1.6**
Vienna **4.8**
Affogato 5.3

Additional shot, decaf, almond, soy, oat, lactose free, flavourings (caramel, vanilla, hazelnut) **0.8**

TEA BY T2 5.3

French Earl Grey, English Breakfast, Peppermint, Green Tea, Chai or Lemongrass

ON ICE

Iced coffee cream & ice cream **7.5**

Iced latte **6.0**

Iced L/B **4.8**

Iced mocha cream & ice cream **7.5**

Iced chocolate cream & ice cream **7.5**

Iced tea (bottled) **5.9**

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